

**Program Description:** Successful graduates of this program are eligible to take the National Nurse Aide Assessment Program Examination to obtain state certification in Washington. This program also has an I-BEST option.

**Prerequisites:** Many classes have prerequisites. Prerequisites are those classes that prove eligibility for entry-level classes by testing or by having satisfied prior course work. Course work earned at other institutions must be evaluated or approved by a program advisor before registering.

**Nursing Assistant Certificate Prerequisites:**

1. Pre-enrollment information session attendance;
2. Completion of [ENGL097/ ENGL098](#) (equivalent or higher) with 2.0 grade or higher or COMPASS test placement into ENGL& 101 within the last two (2) years of application date;
3. Submission of writing sample related to program (done during information session)

**I-BEST Nursing Assistant Certificate Prerequisites:**

1. Pre-enrollment information session attendance;
2. Completion of [ENGL097/ ENGL098](#) (equivalent or higher) with 2.0 grade or higher  
OR
3. Non-native English speakers who have not taken [ENGL 097/ENG 098](#) must take CASAS test with 227 minimum reading score within last six (6) months  
OR
4. Native English speakers who have not taken ENGL 097/ENGL 098 must take CASAS English and Math test with a 227 minimum reading score within the last six (6) months
5. Submission of writing sample related to program done during the information session

<b>Program Requirements</b>		
<b>Course Number</b>	<b>Certificate Requirements (14 credits)</b>	<b>Credit Hours</b>
NUR 105	First Aid and CPR for Healthcare Providers	2
NUR 107	Nursing Assistant Theory and Concepts	8
NUR 109	Nursing Assistant Lab and Clinical Experience	4
		Total Credits: 14 (excluding pre-requisites)

**Program Outcomes:**

1. Demonstrate basic technical skills that facilitate a safe and optimal level of functioning for the client, recognizing individual, cultural, and religious/faith-based diversity.
2. Demonstrate behavior that maintains and respects client's rights and promotes client's independence, regardless of race, religion, life-style, sexual orientation, disease process or ability to pay.
3. Use communication skills effectively in order to function as a member of the nursing and health care team.
4. Demonstrate knowledge of and be responsive to the laws and regulations which affect his/her practice including but not limited to, patient abuse and neglect, patient complaint procedures, the workers right to know and the Uniform Disciplinary Act.

**What skills do I need to be successful in this field?** <http://www.onetonline.org/>

- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Turn or reposition bedridden patients.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
- Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet.
- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Remind patients to take medications or nutritional supplements.

### What are some potential job titles?

- Nursing Assistant-Certified
- Nursing Aide
- Nursing Attendant
- Patient Care Technician

### Wages, employment trends and pathways: <http://www.onetonline.org>

- NA-C wages range from \$9.09 to \$16.12/hour in Washington State and from \$8.10 - \$15.52/hour nationally.
- NA-Cs work in long-term care nursing facilities, hospitals or community health agencies. (52 percent are employed in nursing and residential care facilities and 29 percent in hospitals.) 40-hour work weeks, with evening, night, weekend and holiday shifts, are usual. 23 percent work part-time.
- A nursing assistant's work involves high physical and emotional demands with many hours standing and the need to guard against back injury, as well as exposure to infection and disease. Nursing assistants must perform some unpleasant tasks and work with patients who may be disoriented, irritable or uncooperative.
- Job opportunities are currently excellent. Demand is expected to grow 22 percent over the next 10 years in Washington state and 18 percent nationally, with more jobs in residential care facilities than in hospitals

**Course Sequence:** This program of study is outlined by quarter and courses must be taken in the indicated sequence.

**1<sup>st</sup> quarter:** NUR 105, NUR 107, NUR 109

**Program Contact:** Health and Human Services Division, (206) 934-4601, [na-certifiedinfo@seattlecolleges.edu](mailto:na-certifiedinfo@seattlecolleges.edu)

**Website:** <https://northseattle.edu/certificates/nursing-assistant-certificate>

*For more information about our graduation rates, the median debt of students who have completed these program, and other important information, please visit our website at <https://northseattle.edu/about-north/gainful-employment-information>.*