Continuing Education

Live to Learn!
Exciting New Classes for Winter!
Classes start on January 2 and throughout the quarter. Registration begins on November 13.

- Painting for Everyone
- The Art of Calligraphy
- Flamenco-Spanish Dance
- Spice Route
- Dessert Wine
- Beginning Knitting
- Become a Mystery Shopper
- Travel Photography
- Exhibit, Market and Sell Your Art
- Beginning Fiction Writing
- Tequila and Mezcal
- Russian I
- Make Money Licensing Your Music

Three easy ways to register:
1 In person. New location in room CC 1151. Ground floor of College Center, west side of campus. Off of College Way North & 95th.
2 Online www.learnatnorth.org
3 Phone (206) 934-3705

Check our Web site for the most recent class listings: www.learnatnorth.org

Computer Basics

Introduction to Computers Series
C. Campbell
7048 1/22/2013 6 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $225.00
Sign up for Introduction to Computers Series class and receive a 20% price discount on Computer Basics and Computer Basics Practice.

Computer Basics
C. Campbell
7038 1/22/2013 4 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $185.00
Get back to basics. Build your foundation for all computer tasks by learning the fundamentals first. Move at a slower pace as you learn computer terms, navigate the Windows Operating System and gain confidence. Learn what is what on a computer and how to manage your files as well as basic email and internet browsing techniques like replying, attachments and bookmarks.

Computer Basics Practice
C. Campbell
7047 2/5/2013 2 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $95.00
Practice some basic computer skills. This is for the student that took the Computer Basics class OR feels comfortable on the computer enough to practice their skills with teacher guidance. The students determine the software tasks practiced on the Operating System, Internet or Email software.

Internet

Social Media for Me NEW!
L. Adkins
7206 2/9/2013 1 ses On Campus: LB Bldg Room 3129D Sa 9:00AM - 1:00PM $59.00
What will social media really do for me personally? In this hands-on class you will learn the basics and benefits of personal social networking. Explore why you need social media, online time management, site navigation, job hunting uses, and lots of short-cut tips. Each student will set up an account on Facebook, Twitter and/or Linkedln. Students may bring a flash drive with photos, including a headshot.

Social Media Strategy for Small Businesses
J. Bachman, W. Ogryzek
7134 3/19/2013 1 ses On Campus: LB Bldg Room 3129D Tu 6:00 - 9:00PM $55.00
Are you confused about how to use Social Media for your business? This class is for you! Discover how to change your marketing approach with a social media strategy. Understand the many social media platforms and learn a structure to be able to successfully incorporate social media into your business plan. Leave this fun, hands-on course with a strategy you can implement right away!

Facebook Fan Page for Small Businesses
J. Bachman, W. Ogryzek
7133 1/6/2013 3 ses On Campus: LB Bldg Room 3129D Tu 6:00 - 9:00PM $135.00
Advertise your business on the single most trafficked social media website. If you need to communicate with clients, build buzz and grow your business, then you need a Facebook fan page! You will learn how to build and optimize your page in this hands-on, interactive class. Leave with a working fan page and the skills necessary to market to a new audience and grow your fan base.

Pinterest for Small Businesses
J. Bachman, W. Ogryzek
7141 2/20/2013 1 ses On Campus: LB Bldg Room 3129D W 6:00 - 8:00PM $39.00
Pinterest is the latest social media site to explode in popularity! It is a virtual bulletin board where you create collections and follow the collections of others. Explore Pinterest and discover how to use it to promote your small business. Leave knowing how to display your products, drive traffic to your website and increase revenues.

Sell It on eBay!
C. Shebley
7139 1/12/2013 1 ses On Campus: LB Bldg Room 3129D Sa 9:00AM - 3:00PM $65.00
Join the 730,000+ people who make a part- or full-time living selling on eBay. You will learn from an award-winning eBay expert how to set up an account, list an item, and what you need to do both during and after the auction ends. After this class you will be ready to kick-off your eBay career with confidence and ease. Book available from instructor for $15.

Researching Your Family History on the Computer
S. Little
7122 1/29/2013 4 ses On Campus: LB Bldg Room 3129D Tu 6:30 - 8:30PM $85.00
This course will guide you through the vast number of genealogical sources on the Internet and computer databases. Effective use of Internet search engines and utilizing software to record family data will be covered. No previous Internet experience required. Course content is suitable for beginning as well as more experienced researchers.

Visit www.learnatnorth.org for final classroom information
Design

Create a Website for Fun, Profit and Business!  K. Boyd
7100  2/23/2013  1 ses On Campus: CC Bldg Room 3459  Sa  9:00AM - 3:00PM  $115.00

No programming required! Discover easy-to-use design tools that can build a basic website in 60 minutes. Get traffic immediately using pay-per-click ads on Google, MSN, Yahoo! and Facebook. Covers how to get ranked by major search engines, plus the dos and don'ts of website design. Learn about research tools to determine what to sell, what to avoid, and how to create a money generating Affiliate Website with no products required. This is a lecture and demonstration class, not a hands-on workshop.

WordPress for Websites  H. Miller
7128  2/12/2013  5 ses On Campus: LB Bldg Room 3129D  W  1:00 - 3:00PM  $115.00

Looking for a simple way to create a website? WordPress is a completely free and easy to use content management system you can use to build and maintain your website. Historically used for blogging, WordPress can also build powerful, database driven web sites for many purposes, including e-commerce. This class will get you up and running in this exciting alternative approach to building web sites.

HTML - Level 1  M. Vellines
7099  1/9/2013  3 ses On Campus: LB Bldg Room 3129D  W  6:00 - 9:00PM  $175.00

Create your own website with HTML, the fundamental authoring language used to create documents on the World Wide Web. This class covers web authoring essentials: HTML, images, links, tables, and basic design with CSS. (Prior computer experience recommended) Includes textbook.

HTML - Level 2  M. Vellines
7101  1/30/2013  3 ses On Campus: LB Bldg Room 3129D  W  6:00 - 9:00PM  $175.00

Expand your web authoring skills with advanced HTML and design techniques. This class covers XHTML/HTML5, CSS, forms, dynamic effects, authoring tools, and some JavaScript. (HTML Level 1 or similar experience recommended) Includes textbook.

Photoshop Elements 7.0  A. Gordon
7143  3/13/2013  2 ses On Campus: LB Bldg Room 3129D  W  6:00 - 9:00PM  $145.00

Photoshop Elements offers the perfect combination of power and simplicity for the amateur photographer and home user. The program incorporates most of the image editing features of Photoshop plus adds unique tools for image correction, improving image quality and creating photo albums. Turn your scanned photographs or digital images into high quality prints, or perfect website material. Textbook included.

Photoshop CS4  A. Gordon
7140  1/28/2013  2 ses On Campus: LB Bldg Room 3129D  M  5:00 - 9:00PM  $235.00

Learn the basics of Adobe Photoshop from manipulating photographs to using special effects to creating custom works of art. Discover how to use the most common tools, retouch portraits, combine special effect filters, layers, and text. Class will cover brushes, text, tools, lighting, filters, variations, and preparation of images for professional printing, web sharing, and home printing. Textbook included.

Office

Overview of Outlook 2010  C. Campbell
7149  3/15/2013  2 ses On Campus: LB Bldg Room 3129D  F  9:00AM - 12:00PM  $115.00

Outlook has so much to offer beyond email! Navigate the tools for email, calendar, contacts and tasks. Learn how to sort your inbox and organize it with folders. Create rules to help you better manage your email and Quick Steps to make those common tasks go quicker. Learn the different types of appointments in the Calendar including the meeting planner tool. Set-up Contacts, including Groups, and work with Tasks as a project management tool. Course materials included.

PowerPoint 2010 Workshop  C. Campbell
7148  2/8/2013  2 ses On Campus: LB Bldg Room 3129D  F  9:00AM - 12:00PM  $115.00

Learn how to create a PowerPoint Presentation by building one from beginning to end. This class will take you from the design and set-up of the presentation, through the content, animation set-up and finally the presentation itself. Create a PowerPoint Presentation with a variety of content, including pictures, video, text, charts. Create Speaker Notes, Handouts and a looping introductory presentation as well. Basic computer skills required.

Access 2010 Level 1  J. Richards
7000  3/25/2013  2 ses On Campus: LB Bldg Room 3129D  M, Th  6:00 - 9:00PM  $155.00

An introductory class that explores the Access 2010 environment and how to create databases and datasheets. Focus is on the relational nature of Access databases and students learn how to relate tables to one another. The basic objects are covered, including using the wizard to create and then manually modifying forms, select queries, and reports. Not recommended for Mac users. (Previous Windows experience recommended.) Please bring a memory stick or thumb drive to class.

Excel

Excel 2010 Workshop  C. Campbell
7036  1/8/2013  1 ses On Campus: LB Bldg Room 3129D  Tu  1:00 - 4:00PM  $65.00

Want to take the Excel 2010 Level 1 but aren't sure if you are ready? Take a quick 3 hour tour of the program to get comfortable and prepare yourself for higher level tasks in Excel. You will create 2 or 3 workbooks in the class, learn some basic uses of the program and gain confidence to take the next step.

Excel 2010 Series  J. Richards
7008  2/11/2013  6 ses On Campus: LB Bldg Room 3129D  M, Th  6:00 - 9:00PM  $399.00

Enroll in this class and receive a price discount on Excel 2010 Level 1, 2 & 3. Please bring a memory stick or flash drive to class. Note: Excel Level 1 meets Monday, 2/11 and Wednesday, 2/13.

Excel 2010 Level 1  J. Richards
7001  2/11/2013  2 ses On Campus: LB Bldg Room 3129D  M, W  6:00 - 9:00PM  $155.00

Start with an introduction to Excel 2010. Learn techniques for entering data into cells, working with data, and using data tables more efficiently. Discover how to finish your workbook and how to navigate and get help in Excel 2010. The class will also cover basic techniques for filtering and limiting data that can be entered into individual cells. Course materials included. Not recommended for Mac users. (Previous Windows experience recommended.) Please bring a memory stick or flash drive to class.

Excel 2010 Level 2  J. Richards
7003  2/21/2013  2 ses On Campus: LB Bldg Room 3129D  M, Th  6:00 - 9:00PM  $155.00

Build your Excel skills with intermediate techniques for sorting and summarizing data. Learn to create dynamic charts and graphs. Practice utilizing formulas and functions and develop your ability to collaborate with colleagues using passwords, comments, and change-tracking. Course materials included. Not recommended for Mac users. (Prerequisite: Excel 2010 Level 1 or equivalent experience.) Please bring a memory stick or flash drive to class.

Excel 2010 Level 3  J. Richards
7007  3/4/2013  2 ses On Campus: LB Bldg Room 3129D  M, Th  6:00 - 9:00PM  $155.00

Blow your boss away with your advanced Excel skills! This class includes a basic introduction to PivotTables for versatile data analysis. Learn to work with macros, alternative data models, and conditional formulas. Finish with a bonus section on how to get certified in Excel. Course materials included. Not recommended for Mac users. (Prerequisite: Excel 2010 Level 2 or equivalent experience.) Please bring a memory stick or flash drive to class.

Register by Phone (206) 934-3705
Register Online at www.learnatnorth.org
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Continuing Education

Excel 2010 Formulas and Functions  J. Richards 7009 3/11/2013 2 ses On Campus: LB Bldg Room 3129D M, Th 6:00 - 9:00PM $155.00
Solidify your expertise in Excel with an in-depth look at formulas and functions. You will begin with a refresher on basic formulas, then explore functions in detail. Focus on basic and advanced text functions, financial and array formulas, and calculations through a combination of demos, lecture, and hands-on practice exercises. Course materials included. Not recommended for Mac users. (Excel Level 3 or equivalent experience recommended.) Please bring a memory stick or flash drive to class.

Excel 2010 Pivot Tables and Data Crunching  J. Richards 7010 3/18/2013 2 ses On Campus: LB Bldg Room 3129D M, Th 6:00 - 9:00PM $155.00
In this deep-dive class, learn the origin of Pivot and basic techniques for creating and customizing Pivot tables to your needs. Jump into advanced techniques, including performing calculations, re-mapping source data, accommodating disparate data sources, using macros to enhance your Pivot tables and Reverse Pivot tables. Course materials included. Not recommended for Mac users. (Excel Level 3 or equivalent experience recommended.) Please bring a memory stick or flash drive to class.

Word

Word 2010 Workshop  C. Campbell 7037 1/15/2013 2 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $115.00
Are you using Microsoft Word and know that it has more to offer than just simple text? Don’t just take a class that shows you how to use the tools, come and create some fun Word Documents. Create a simple and dynamic Newsletter using columns and inserting graphics. Set up a book document with Headers, Footers, Section Breaks and Styles. Prepare a letter for a list a recipients using Mail Merge. Basic Microsoft Word Skills required.

Word 2010 Series  C. Campbell 7151 3/12/2013 4 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $269.00
Register for this class and get a price discount on Word 2010 Level 1 and Level 2.

Word 2010 Level 1  C. Campbell 7150 3/12/2013 2 ses On Campus: LB Bldg Room 3129D Tu, Th 1:00 - 4:00PM $155.00
Learn to use one of the most sophisticated and widely used word processing programs available! During this introductory course you will explore the Word 2010 environment, create, save, edit, and proofread documents, change the look of text, change the look of the document, and get help in Office 2010. Not recommended for Mac users. (Prerequisite: Familiarity with working in the Windows environment and working with a keyboard and mouse.) Class materials included.

Word 2010 Level 2  C. Campbell 7152 3/19/2013 2 ses On Campus: LB Bldg Room 3129D Tu 1:00 - 4:00PM $155.00
Take your Word skills to the next level! During this intermediate course you will learn to present information in columns and tabs, work with graphics, symbols, and equations, work with diagrams and charts, and work with longer documents. Includes an introduction to Mail Merge. Not recommended for Mac users. (Prerequisite: Word 2010 Level 1 or equivalent experience.)

Arts

Visual Arts

Drawing and Painting on Location in Italy: Summer 2013 NEW!  G. Gancarz 7299 7/3/2013 3 wks Florence, Italy $295.00 + Travel Expenses
Spend a month in the birthplace of the Renaissance: Florence, Italy. For students, professionals, and artists, beginners to advanced. Draw on location in the piazzas, at Italian picturesque sites and in the museums of classical Italy. Travel includes art history and some painting. Class fee covers 65 hours of instruction. Travel expenses additional. Class dates July 3 - July 23, 2013. Contact Georgetta Gancarz for more information at paintingonlocationinitaly@hotmail.com. Registration is ongoing.

The Art of Calligraphy: The Italic Hand  C. Shiovitz 7126 2/11/2013 5 ses On Campus: CC Bldg Room 3345 M 6:00 - 8:00PM $89.00
Explore the art of beautiful writing with Calligraphy. Learn how to create beautiful letterforms using a variety of tools and materials. Have fun making practical use of your new skills by addressing envelopes, place cards and other simple projects. Great class for beginners and all levels. A $15 supply fee payable to the instructor on the first day of class.

The Art of Calligraphy: The Uncial Hand  NEW!  C. Shiovitz 7189 2/13/2013 5 ses On Campus: CC Bldg Room 2153 W 6:00 - 8:00PM $89.00
Join me on a calligraphic time travel and explore the history and letter forms of uncial. Commonly associated with Celtic or Irish art this historical script is still in use today. An all majuscule (capital) alphabet is great for beginners or those wanting to expand their calligraphy talents. We will use our skills in small projects, including trying decorated letters and celtic knots. A $15 supply fee is due to the instructor on the first day of class.

Beginning Printmaking  A. Knowles 7032 1/16/2013 8 ses On Campus: AS Bldg Room 1530 W 6:00 - 9:00PM $155.00
Covers the basics of linocut, monotype and drypoint. Begin by developing a one-color linocut, create colorful, multilayered monotypes, and draw directly into a copper plate to make beautiful prints. Use of inks, papers, and tools explained and demonstrated as well as use of the press. Drawing background helpful, but not required. See www.learnatnorth.org for supply list.

Introduction to Drawing  NEW!  G. Tramantano 7065 1/8/2013 8 ses On Campus: CC Bldg Room 1354 Tu 6:30 - 9:00PM $135.00
Get inspired and draw like you’ve always wanted to! This class will encourage you to see the world and your work with new eyes. Learn key tools and concepts that will develop your observational drawing skills. Explore a variety of media and techniques so you have a range of choices as you continue your artistic journey beyond this class. See www.learnatnorth.org for supply list.

Drawing – Starting at the Beginning  S. Schneider 7050 1/19/2013 6 ses On Campus: AS Bldg Room 1530 Sa 12:30 - 2:30PM $105.00
Anyone can draw with imagination and accuracy! Get started at the very beginning with understanding drawing materials, object representation, and depth of field. Develop your drawing skills as you work from interesting still life displays. Through individual attention from the teacher, you will build a firm foundation of drawing objects by themselves and in relation to other objects. See www.learnatnorth.org for supply list.

Drawing Flowers  V. Paquette Smith 7058 1/8/2013 10 ses On Campus: CC Bldg Room 1354 Tu 10:00AM - 12:00PM $155.00
This course develops basic drawing skills using flowers as subject matter, and creating more expressive visions of the shape, line, color, texture, volume and pattern of flowers. Starting with the simple black and white drama of charcoal and graphite, and then adding the vibrancy of color drawing media (oil pastels and sticks), it is easy to create dynamic drawings that express beauty, variety and strength. See www.learnatnorth.org for supply list.

Figure Drawing  A. Chubotin 7060 1/11/2013 8 ses On Campus: AS Bldg Room 1532 F 6:00 - 8:30PM $165.00
Experience drawing the human figure with the guidance of a skilled artist. hone your drawing skills as you work from short poses to longer, more considered poses. Develop your ability to capture proportion, posture, structure and movement of the human form. Practice drawing male and female models and improve the connection between what you see and what you render. Price includes all model fees. See www.learnatnorth.org for supply list.

For the most up-to-date classroom information check www.learnatnorth.org

Shaded descriptions indicate evening classes.
Children's Book Illustration  
C. Orback

Immerse yourself in the world of children's book illustrations. Use a variety of media to practice basic techniques and complete illustrations for young readers. Learn the business side of children's book art. Explore character development and consistency, portfolios, contracts, and other topics. Craig is an award-winning illustrator of over 18 books. Basic drawing skills and out-of-class drawing assignments required. See www.learnatnorth.org for supply list.

Children’s Book Illustration: Level 2  NEW!  
C. Orback

Revisit that story you’ve always longed to illustrate and potentially publish. Learn how to create a children’s picture book step-by-step from initial story board to a finished dummy ready to mail to publishers. Create sketches for your story as well as some finished color illustrations. If you don’t have a story in mind, create your own take on a popular folktale. Previous experience with illustration required. See www.learnatnorth.org for supply list.

Painting For Everyone  NEW!  
G. Gancarz

Every person has a painter inside; unlock your ability in a class that focuses on your individuality. Explore color, form, space, and composition as sources of personal expression. Work from the model, imagination, or memory, in any media. Develop your technique as you receive individual feedback that helps you reach your vision. Instructor is a professional artist who has exhibited at the Metropolitan Museum of Art, and also teaches in London and Italy. Beginners welcome! Final class is a Saturday field trip to Frye Museum on March 16.

Creative Watercolors  NEW!  
S. Schneider

Explore watercolor painting in an open, artistic environment designed for all skill levels. Beginners get an essential introduction to the medium, exploring different types of paints, brushes and techniques. Those with experience will build their skills and artistic vision by combining traditional and modern techniques. All students will learn from each other as beginners practice the basics and experienced students explore new and stimulating ideas. See www.learnatnorth.org for supply list.

Painting with Pizzazz: Oils for the Developing Painter  
S. Pope

Looking to make your paintings’ pop? Sue Pope has the answer in this fun, community-based class. Study color mixing, mood and lighting as you work on composition and landscape paintings. Discover how to create special effects with techniques like glazing, impasto brush stroke and palette knife painting. Beginning painting experience recommended. A $5 fee is payable to the instructor on the first day of class. See www.learnatnorth.org for supply list.

Landscape Painting  
G. Tramantano

Have you always wanted to capture the beautiful Pacific Northwest in a painting? This class will show you easy ways to get started painting from the landscape with acrylics. You'll learn how to begin a painting with simple blocks of value and color, how to capture light and shadow, and how to use your brushes and palette knife to create dynamic works of art. See www.learnatnorth.org for supply list.

Painting and Abstraction  
V. Paquette Smith

For more than a century artists have turned to this more personal and expressive mode of painting. This introductory class is designed to explore the basics of style and structure, and the simple concepts behind the actions. You can work in any medium: acrylics, oils, oil sticks, or watercolor etc., as we will examine the common techniques and qualities of all paint, and hand out a materials list for whichever medium you choose. Full list of supplies is posted on www.learnatnorth.org.

Collage and Painting  
V. Paquette Smith

Collage painting has a long history that has expanded the artistic language, created a new way of seeing, and recorded the lively story of our culture. Combine various papers and textile materials into a painting using acrylic, watercolor, or gouache water-based paint mediums. Become fluent in the elements of design as you organize the composition, color, harmony, space, and surface texture of your piece. See www.learnatnorth.org for supply list.

Open Studio  
S. Pope

Love to paint but short on time? Improve your artwork in this encouraging, cooperative class. Discover camaraderie and a sense of accomplishment by working with other experienced artists. Group critiques and the instructor’s guidance will help you gain valuable insights and hone your direction. This isn’t your typical art class, but a time for you to create a body of work and to paint just for fun. $5 supply fee payable to instructor on the first day of class. See www.learnatnorth.org for supply list.

3D Arts

Beginning Jewelry Fabrication  
T. Cross S. Tomczak

To offset high metal prices, we’ll be experimenting with cement, leather, silk, plastics, wood buttons and more to create custom jewelry. This class offers skills and techniques that move students’ designs and ideas to the next level. With an emphasis on hand fabrication, surface techniques and some stone setting, students will design their own projects that incorporate their new skills. Supply list will be provided at first class. Must have taken North Seattle Beginning Jewelry class or equivalent.

Mixed Media Jewelry  NEW!  
T. Cross

To offset high metal prices, we’ll be experimenting with cement, leather, silk, plastics, wood buttons and more to create custom jewelry. This class offers skills and techniques that move students’ designs and ideas to the next level. With an emphasis on hand fabrication, surface techniques and some stone setting, students will design their own projects that incorporate their new skills. Supply list will be provided at first class. Must have taken North Seattle Beginning Jewelry class or equivalent.

Intermediate Jewelry Workshop  
M. Montgomery

This class offers skills and techniques that move students’ designs and ideas to the next level. With an emphasis on hand fabrication, surface techniques and some stone setting, students will design their own projects that incorporate their new skills. Must have taken North Seattle Beginning Jewelry class or equivalent.

Advanced Metal Design  
C. Beardslee

Further develop your metalsmithing and jewelry skills. This class will focus on design, jewelry and hollowware skills, chasing and repoussé, and the incorporation of alternative materials in your work. Come with drawings, finished work and lots of questions. Price includes lab fee. Supply list will be provided at first class.

Register by Phone (206) 934-3705

Visit www.learnatnorth.org for final classroom information
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**Beginning Welding**
M. Riley
7086 1/26/2013 2 ses Studio Steel Sa, Su 10:00AM - 2:00PM $155.00
If it is steel, you can weld it! Re-purpose just about anything steel and keep the planet green. Create and take home your own steel sculpture or small project. Learn fabrication and hand bending techniques used to make wrought iron elements while focusing on low-tech processes and simple tools. $70 materials fee paid to instructor in class. Meets off campus at Studio Steel, 3660 E. Marginal Way S., Seattle. Please see www.learnatnorth.org for supply list, driving directions, and what to wear.

**Stained Glass**
M. Nicholas
7093 1/12/2013 8 ses On Campus: AS Bldg Room 1627 Sa 10:00AM - 12:30PM $125.00
Design, cut and fabricate glass with lead and/or copper foil techniques. Create your own design with assistance from instructor. No prior experience in art or working with glass required, but your must supply your own tools and materials. Supply cost will vary with each project but expect to invest in materials. Michelle has been producing stained glass art for the past 25 years.

**Beginning Ceramics**
L. Duarte
7027 1/8/2013 10 ses On Campus: AS Bldg Room 1630 Tu 6:00 - 9:00PM $195.00
Turn a lump of clay into a piece of art! Using the basic wheel throwing and hand-building methods, you will learn to create cups, bowls, boxes and more with aplomb. Individualized instruction and demonstrations of the technical underpinnings will give you a strong foundation in the ceramic arts. Tools & clay are available at the campus bookstore. Cone 6 firing temperature clay is required. Price includes lab fee. See www.learnatnorth.org for supply list.

**Advanced Ceramics**
L. Duarte
7025 1/12/2013 10 ses On Campus: AS Bldg Room 1630 Th 6:00 - 9:00PM $195.00
More clay, more ceramics savvy. Enhance your wheel work and hand building skills with larger forms, participate in group critiques, and learn more about the ceramics process (e.g., loading, firing, and glazes). Tools & clay are available at the campus bookstore. See www.learnatnorth.org for supply list.

**Photography**
R. Stahl
7039 1/12/2013 5 ses On Campus: CC Bldg Room 3459 Sa 8:30 - 10:30AM $125.00
Bring your digital DSLR or 35mm film camera to class. This introduction class will cover the basics of camera operation: exposure, f-stops, shutter speeds, ISO, lenses, filters, & flash. Taught by Robert Stahl, MA in Art History. Instructor's work has appeared in National Geographic publications. Tripod recommended. See www.learnatnorth.org for textbook information. Class includes 3 Sunday afternoon field trips on 1/13, 1/20 and 1/27/13. Final details TBD.

**Seeing in Black & White - Intermediate Photography**
R. Stahl
7135 1/12/2013 5 ses On Campus: CC Bldg Room 3459 Sa 10:30AM - 12:30PM $125.00
This is a course for both digital DSLR shooters and 35mm film users. Learn how to compose in beautiful shades of gray and find out how to convert color digital files to monochrome. ‘Tripod required (students may contact instructor). Taught by Robert Stahl, MA in Art History. See www.learnatnorth.org for textbook information. Class includes 3 Sunday morning field trips on 1/13, 1/20 and 1/27/13. Final details TBD.

**Travel Photography**
D. Barnes
7201 1/24/2013 6 ses On Campus: TBA Th 6:30 - 9:30PM $125.00
Travel photography is so much more than monuments and landmarks. It is the people, the landscapes, and the culture that will establish a sense of place in your photos. Explore how light, composition, and perspective affects your photography. Consider what preparations and equipment you will need and what you can do without. Learn how to transform good pictures into great ones that capture the feeling of a place, whether it is halfway across the world or just outside your back door. Class includes two Saturday afternoon field trips on 2/9/13 and 2/23/13. Final details TBD.

**Basic Digital Photography - Without Reading The Camera Manual**
C. Shebley
7096 3/12/2013 1 ses On Campus: LB Bldg Room 3129D Tu 6:00 - 9:00PM $45.00
7119 3/19/2013 1 ses On Campus: CC Bldg Room 3446 Tu 6:00 - 9:00PM $45.00
Do you find your point and shoot camera is not as simple to use as you thought it would be? Wonder what all those little icons mean and how they can help produce a better picture? Hate reading camera manuals? This class is for you. We’ll cover those topics and keep it in easy to understand terms. Perfect for someone who wants the best shot they can get from their point-and-shoot or hybrid camera. It may be too basic for the advanced DSLR user. Bring your digital camera with a fully charged battery to class.

**From Camera To Computer**
C. Shebley
7083 1/14/2013 1 ses On Campus: LB Bldg Room 3129D M 6:00 - 9:00PM $45.00
7085 1/24/2013 1 ses On Campus: LB Bldg Room 3129D Th 6:00 - 9:00PM $45.00
Having those pictures on your camera is great - but how do you move them to the computer? Learn how to easily move your pictures with Google’s free, easy to use, Picasa software. This hands-on class will walk you through importing photos, editing, sharing photos online and how to get photos printed. We’ll talk about file types, digital scrapbooking and how to save photos to a CD. Bring your camera with a fully charged battery and its USB cable.

**Digital Shooting for Photoshop and Creating Photo Art**
A. Gordon
7117 2/26/2013 2 ses On Campus: LB Bldg Room 3129D Tu 6:00 - 9:00PM $105.00
This exciting crossover class will show you how to take great digital photos, how to use Photoshop to perfect your image and what to do with the finished product. You will learn shooting tips from a professional, basic photo manipulation tools in Photoshop and how to prepare your images for printing or archiving. Create amazing photo products such as tiles, jewelry charms, greeting cards and more.

**Drama**
J. Christie
7026 1/7/2013 8 ses On Campus: CC Bldg Room 1349A M 7:00 - 9:00PM $105.00
This introduction to acting class covers a variety of theatrical traditions. Class focus is on individual style through improvisation, monologue, creative characterization, concentration and scene study. We will develop and refine acting skills through study of stage awareness, cold readings, method exercises and theater games. A great class for beginners or for experienced actors looking to advance their skills.

**Continuing Acting Techniques**
J. Christie
7052 1/15/2013 8 ses On Campus: CC Bldg Room 1349A Tu 7:00 - 9:00PM $105.00
The art of acting combines ancient performance techniques with contemporary theatrical practices. Deepen your understanding of character study, motivation and subtext. Advance your acting through monologues, method exercises, and theater games. Sharpen your skills as a performer and enjoy a lively and collaborative class!

**Improvisation: The Nuts & Bolts**
K. Hitchcock
7110 2/12/2013 5 ses On Campus: OC Bldg Room 142A Tu 6:30 - 9:30PM $105.00
Yes, you can learn to improvise! Discover the thrill of theater improvisation in a fun, active and supportive atmosphere-- through theater games, playful exercises and simple improvment scenes. Leave class with enhanced skills in acting, giving presentations, communication, and personal confidence. No experience necessary; everyone welcome. Taught by an actor-director-teacher-improviser with over 20 years of experience.

Register Online at www.learnatnorth.org
**Writing**

**Beginning Fiction Writing  NEW!**

**L. Adkins**

7200  1/16/2013  6 ses  On Campus: CC Bldg Room 1354  W  6:30 - 8:30PM  $105.00

Improve the depth and flow of your storytelling in a class designed for new and developing creative writers. You will work step-by-step through a plan for a complete story including developing characters, mapping plot, writing dialogue, and creating exciting beginnings and resolutions. Bring pen and paper and be prepared to write-you will have lots of exercises and opportunities for feedback. Don't spend another day NOT writing-join us and bring your stories to life.

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**Music**

**Beginning Guitar**

**K. Brengle**

7019  1/26/2013  8 ses  On Campus: CC Bldg Room 1254B  Sa  9:00 - 11:00AM  $145.00

Pick up the guitar and play! Learn the basic chords and strumming patterns used in many popular songs and play basic melodies. Use the Blues as your foundation as you also learn simple theory and how to read music. In this comfortable class environment, you will have fun as you learn the fundamentals that make guitar playing rewarding. Bring your acoustic guitar to class. A $10 supply fee is payable to the instructor.

**Beginning Guitar II**

**K. Brengle**

7020  1/26/2013  8 ses  On Campus: CC Bldg Room 1254B  Sa  11:30AM - 1:30PM  $145.00

Continue practicing and playing your guitar in this next-level class. Apply and build upon your knowledge of guitar basics while learning lots of great rock, blues, folk, and pop songs. Explore blues improvisation, power chords, melody reading, and practical theory that will advance your playing. Prerequisite: Beginning Guitar or the ability to play open chords and note reading skills. Bring your acoustic guitar to class. A $10 supply fee is payable to the instructor.

**BeginninG Piano**

**P. Henry**

7033  1/10/2013  9 ses  On Campus: LB Bldg Room 1228  Th  7:00 - 8:30PM  $115.00

This class is for the absolute beginner with no previous piano experience. Learn to read and play music from the very start. Classes are in the piano lab on campus, so class size is limited. A keyboard is recommended for daily practice. See www.learnatnorth.org for textbook information.

**Continuing Piano**

**P. Henry**

7061  1/8/2013  9 ses  On Campus: LB Bldg Room 1228  Tu  7:00 - 8:30PM  $115.00

‘Continuing Piano’ takes up where ‘Beginning Piano’ left off. If you know how to read music and would like to develop your sightreading skills and play more challenging pieces, this is the class for you! Classes are in the piano lab on campus. It’s best if you have a keyboard available for daily practice. See www.learnatnorth.org for textbook information.

**Blues Harmonica**

**M. Dominguez**

7040  1/8/2013  8 ses  On Campus: CC Bldg Room 1442  Tu  7:00 - 8:30PM  $95.00

Have fun learning to play this expressive instrument with no music theory required. Learn simple songs, riffs and improvisation on the harmonica, with an emphasis on the Blues. Topics include correct harp handling, proper breathing, basic blow/draw patterns and bending notes. We will also cover acoustic vs. amplified playing and instrument care. Bring a 10hole diatonic harmonica in the key of C.

**Jazz Ensemble**

**F. Radke**

7080  1/2/2013  11 ses  On Campus: LB Bldg Room 1142  W  8:00 - 10:00PM  $162.00

Membership is by audition only. Combines talents of professional and student musicians in the big-band experience. Practice and perform in concert the newest big-band arrangements which cover all styles of big-band jazz. Radke scholarship available to cover the class fee for the first 10 students who wish to accept it.

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**Home**

**Home Maintenance**

**Hands-On Home Repair and Maintenance**

**P. Marx**

7170  1/15/2013  3 ses  On Campus: TBA  Tu  6:30 - 9:00PM  $105.00

Learn a variety of home improvements and maintenance skills in Seattle most comprehensive home repair class. Gain confidence as you learn about hand and power tools. Learn how to work with electrical outlets, plumbing, and wall repair. Get an overview of kitchen and bath remodels, home security, and weatherization. Leave knowing how to perform most small repairs confidently and correctly! $25 materials fee payable to instructor first class.

**Basic Carpentry and Woodworking  NEW!**

**P. Marx**

7014  1/17/2013  4 ses  University of Washington Art Bldg, Rm 117  Th  6:30 - 9:00PM  $125.00

Do you have power tools and want to learn to use them safely and effectively? Learn the basics of joinery, jigs, materials, methods, and project design in a woodshop. Choose a project and apply everything you’ve learned to safely use hand and power tools in the construction and assembly of a ‘toolbox’. $25 materials fee payable to instructor includes us of tools, materials, and lumber for one project. Class located on University of Washington campus at School of Art, Room 117.

**Ceramic Tile Installation Made Easy**

**P. Marx**

7046  2/21/2013  1 ses  On Campus: TBA  Th  6:30 - 8:30PM  $29.00

Add value to your home with ceramic tile which is creative, fun and easy to install. Explore the many types of tiles, tools, and techniques as you participate in countertop tile installment. Understand setting materials, grouts, underlay, preparation, and layout. Leave with the skills to complete a home tile project confidently and correctly. This is a hands-on class so dress for mess. $29 materials fee payable to instructor.

**Update Your Kitchen and Bath**

**P. Marx**

7171  2/26/2013  1 ses  On Campus: TBA  Tu  6:30 - 9:00PM  $35.00

Kitchens and bathrooms are the two rooms that need the most updating and can be the most expensive to remodel. Understand the tools you need to design and implement ideas in your home. Learn about which jobs to tackle yourself, how to avoid mistakes, and when it is cost effective to hire a contractor. Bring questions and photos of your existing rooms. $5 materials fee payable to instructor.
Personal Organizing and Clutter Clearing  
R. Ross  
7132  3/12/2013  2 ses  On Campus: CC Bldg Room 3449  Tu  7:00 - 8:30PM  $45.00

Feeling overwhelmed by things and paper? You can learn to create rooms and systems that support you rather than drain you. Using Clutter Assessment and clearing, organizing principals we’ll break old patterns and learn new skills. Find that letter, reclaim the counter tops and align your inner and outer worlds. We will create strategies for change and discuss concrete methods of tackling clutter and chaos.

Garden

Chicks in the City: Urban Chicken Keeping  
K. Baerg  
7087  1/30/2013  1 ses  Greenwood Sr Ctr Class Down  W  6:30 - 9:00PM  $39.00

Ever wondered about the chicken coops you see around town? Raising chickens is fun, sustainable, and legal! You can tend your own flock of these fascinating creatures. Watch how friends and neighbors start asking for your delicious, farm-fresh eggs and manure for their garden. Leave with everything you need to know about city/counties ordinances, coop and feed requirements, and basic husbandry skills. Class meets off campus at Greenwood Senior Center, 525 North 85th St, Seattle.

Curb Appeal for House and Garden  
D. Rice  
7124  2/20/2013  4 ses  On Campus: CC Bldg Room 3452  W  6:30 - 9:30PM  $119.00

What changes can you make to add saleability and liveability to your home? Explore tips, techniques and planning to add significant resale value. Learn to create a plan on paper and work with plants, house colors, structural additions and outdoor rooms. Doug Rice is a landscape architect who has been using photos, Feng Shui principles, real estate studies and environmental psychology to teach design at NSCC for 15 years. Includes a Saturday field trip to a local nursery on March 9, 2013.

Home Crafts

Bee Healthy with Honey  
K. Baerg  
7074  2/16/2013  1 ses  Greenwood Sr Ctr Kitchen Up  Sa  9:30AM - 12:00PM  $39.00

From flower to table, bees and honey offer a wealth of nutrition. You will sample honey from different nectar sources, enjoy honey-based foods, and make your own beeswax lipbalm. Discover the nourishing benefits of honey and other bee products and their importance for the health of our world. Join beekeeper Kristin Baerg for this informative and tasty class. A $5 supply fee is payable to the instructor in class. Class meets off campus at Greenwood Senior Center, 525 North 85th St, Seattle.

Introduction to Home Made Soap to Keep or Give  
K. Baerg  
7097  3/16/2013  1 ses  Greenwood Sr Ctr Kitchen Up  Su  1:00 - 4:30PM  $65.00

Tired of paying top dollar for gourmet soap? Discover how to craft luscious soaps the old fashioned way using lye, fats and oils. Learn about ingredient options and various soapmaking techniques. Create your own soaps to take home, along with recipes and instructions. Home made soap makes a perfect holiday gift. Please bring rubber gloves and an old towel. $10 materials fee payable to instructor. Class meets off campus in the kitchen at the Greenwood Senior Center, 525 North 85th Street, Seattle.

Beginning Sewing  
D. Johnson  
7031  1/15/2013  8 ses  Greenwood Sr Ctr Lg Rm Down  Tu  6:00 - 8:30PM  $165.00

No more struggling through sewing projects; learn to sew the fun and easy way! Practice pattern reading, choosing and laying out fabric, design modification, and create a finished piece you can be proud of. Whether you want to redecorate your home, make crafts or clothes, we’ll get you stitching in the right direction. See www.learnatnorth.org for supply list. $25 supply fee payable to instructor on first day of class. Class meets off campus at Greenwood Senior Center, 525 N 85th Street, Seattle.

Cooking

Make It from Scratch  
D. Brownstein  
7176  1/30/2013  4 ses  Kitchen Coach  W  6:00 - 9:00PM  $125.00

No more bottles of condiments lining your fridge shelves! You will make balsamic bleu cheese dressing, delicious sauces, stuffed ravioli, tortilla casseroles, breakfast sausages: all from scratch. Spend less and eat better with simple ingredients and great tasting food. Class prepares and enjoys a whole meal every night! Suitable for vegetarians. A $35 materials fee is due on the first day of class. Class meets off campus at Kitchen Coach, 850 NE 88th St, Seattle.

Intermediate Upholstery  
A. Gregory, E. Ayers  
7183  3/2/2013  1 ses  On Campus: ED Bldg Room 0843A  Sa  9:00AM - 5:00PM  $175.00

Learn to upholster a custom, wood-frame Victorian style chaise lounge; scaled to fit an 18’ doll or perfect for a small animal. Use the skills learned in this class to upholster small and full size furniture, the technique is the same! Take this class if you enjoy working with your hands and have experience using basic tools. No previous upholstery experience required. Be sure to bring 1.5 yards of medium weight upholstery fabric. $100 materials fee due to instructor in class.

Upholstery for Beginners  
A. Gregory, E. Ayers  
7194  2/16/2013  1 ses  On Campus: ED Bldg Room 0843A  Sa  10:00AM - 1:00PM  $49.00

Learn the basics of upholstery in this fun, hands-on class. You will select fabric and foam and measure and cut, finishing with a brand new upholstered footstool that you take home! The skills that you will learn in this class can be applied to any type of seat such as a dining room chair, bench, or ottoman. Choose the perfect fabric from an array provided by the instructor. Tools will be available to use during class. $50 supply fee is payable to instructor.

Spice Route  
D. Brownstein  
7181  2/26/2013  4 ses  Kitchen Coach  Tu  3:00 - 6:00PM  $125.00

Savor the flavors you can create with fresh ground spices and herbs. Discover the origins of common and exotic herbs from all over the world. Practice using Asian, Middle Eastern, African, and Indian spices to create fun and original dishes. Leave with herb/spice samples, recipes, and herbal expertise from AllSpice to Zatar! Suitable for vegetarians. A $35 materials fee is due on the first day of class. Class meets off campus at Kitchen Coach, 850 NE 88th St, Seattle.

Cooking Basics: Baking, Roasting, Sauting and Frying  
D. Brownstein  
7175  1/2/2013  4 ses  Kitchen Coach  W  6:00 - 9:00PM  $125.00

The perfect hands-on class for the interested new cook. Learn while prepping dinner; Garlic-rosemary chicken, seared flank steak, winter one-pot meals, side dishes and desserts. Leave with recipes and a pantry list, ready to go home and make a full meal! Bring your apron and appetite. Suitable for vegetarians. A $35 materials fee is due on the first day of class. Class meets off campus at Kitchen Coach, 850 NE 88th St, Seattle.

Make It from Scratch  
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Bee Healthy with Honey  
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From flower to table, bees and honey offer a wealth of nutrition. You will sample honey from different nectar sources, enjoy honey-based foods, and make your own beeswax lipbalm. Discover the nourishing benefits of honey and other bee products and their importance for the health of our world. Join beekeeper Kristin Baerg for this informative and tasty class. A $5 supply fee is payable to the instructor in class. Class meets off campus at Greenwood Senior Center, 525 North 85th St, Seattle.

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Tired of paying top dollar for gourmet soap? Discover how to craft luscious soaps the old fashioned way using lye, fats and oils. Learn about ingredient options and various soapmaking techniques. Create your own soaps to take home, along with recipes and instructions. Home made soap makes a perfect holiday gift. Please bring rubber gloves and an old towel. $10 materials fee payable to instructor. Class meets off campus in the kitchen at the Greenwood Senior Center, 525 North 85th Street, Seattle.

Beginning Sewing  
D. Johnson  
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Soft Cheese Making Workshop  K. Baerg  
7094  3/2/2013  1 ses  Greenwood Sr Ctr Kitchen Up  Sa  9:30AM - 2:00PM  $79.00
Making cheese at home is fun, easy, and affordable! Try your hand at making fresh chèvre, paneer, ricotta, and mozzarella. Discover how to use cultured milk products like kefir, yogurt, and butter while sampling delicious cheeses. Leave with recipes, easy-to-follow instructions, and a culture to get you started on your “whey.” Bring an apron to this hands-on class. $10 fee payable to instructor at class. This class meets off campus at the Greenwood Senior Center kitchen, 525 N 85th Street, Seattle.

Desserts

Baking Workshop 1: Cakes, Quickbreads and Cookies  D. Brownstein  
7178  1/27/2013  1 ses  Kitchen Coach  Su  1:00 - 6:30PM  $69.00
Your one-day introduction to fine home baking. Learn why cakes fall, why egg whites don't whip, how to make delicious buttercream filling, and how to keep your custard from curdling. Leave ready for your own baking adventures. Bring an apron and Tupperware to take home samples made in this hands-on class. A $25 supply fee is due to instructor in class. Class meets off campus at Kitchen Coach, 850 NE 88th Street, Seattle.

Baking Workshop 2: Doughs, Crusts and Pastry  D. Brownstein  
7179  2/3/2013  1 ses  Kitchen Coach  Su  1:00 - 6:30PM  $69.00
This one- day baking workshop will teach you the secrets to flaky pie crusts, how to knead and bake bread, what is yeast, and lots more. You will leave this hands-on class with a full tummy, fabulous recipes, samples, and material to go home and start your sticky cinnamon rolls for the next day. A $25 supply fee is due to instructor in class. Class meets off campus at Kitchen Coach, 850 NE 88th Street, Seattle.

Chocolate Truffle Workshop  B. Fredericks  
7075  2/2/2013  1 ses  Greenwood Sr Ctr Kitchen Up  Su  10:00AM - 4:30PM  $95.00
"Life’s a box of chocolateOtruffles.” Take home a box full of handmade quality truffles after learning how to temper chocolate, hand-dip centers and use a variety of molds. Create 8 kinds of truffles using various methods to flavor ganache using fresh fruits, nuts, herbs and spices, and liqueurs. Bring a sack lunch to maximize class time. A $10 supply fee is payable to the instructor. Class meets off campus at Greenwood Senior Center, 525 North 85th Street, Seattle.

Tequila and Mezcal  D. LeClaire  NEW!  
7186  1/16/2013  1 ses  Wine World Tasting Room  W  6:30 - 9:00PM  $39.00
Explore the legend and history of tequila while you sample various types: silver, gold, reposado, anejo, and reserva de casa. Learn about distillation processes and areas where this timeless spirit is produced. Sommelier David LeClaire’s entertaining and lively style will make the learning process fun as you taste your way through the evening. Students must be 21 or older; picture ID required. $15 fee payable to instructor at class. Class meets at Wine World, 400 NE 45th Street, Seattle.

Knife Skills  D. Brownstein  
7177  1/13/2013  1 ses  Kitchen Coach  Su  4:00 - 7:30PM  $49.00
Julienne, chiffonade, chop, slice, dice...Learn the difference between these terms plus: parts of a knife, how to hold a knife, which knife for which task, how to care for your knives and tips on purchasing. This class will revolutionize the way you use your most important kitchen tool. Bring an apron, a knife (knives) to sharpen, and your appetite! $35 supply fee due to instructor; includes knife sharpener and dinner meal. Class meets off campus at Kitchen Coach, 850 NE 88th St, Seattle.

Wine 101  D. LeClaire  
7103  2/28/2013  1 ses  Wine World Tasting Room  W  6:30 - 9:00PM  $39.00
Want to learn how to select, age and enjoy wine? Experience the nuances that separate cheap wines from good wines. American wines from European wines, and understand the nature of different grape varieties. Sommelier David LeClaire’s entertaining and lively style will make the learning process fun as you taste your way through the evening. Students must be 21 or older; picture ID required. Please bring a bottle of water and eat before class. $10 fee payable to instructor at class. Class meets at Wine World, 400 NE 45th Street, Seattle.

Dessert Wine  D. LeClaire  NEW!  
7187  3/6/2013  1 ses  Wine World Tasting Room  W  6:30 - 9:00PM  $39.00
Looking for a delicious dessert wine that will pair with your favorite dessert or be the dessert itself? Sample port, sherry, moscato, and other luscious varietals that wrap up this timeless spirit is produced. Sommelier David LeClaire’s entertaining and lively style will make the learning process fun as you taste your way through the evening. Students must be 21 or older; picture ID required. $10 fee payable to instructor at class. Class meets at Wine World, 400 NE 45th Street, Seattle.

Winter 2013
Continuing Education
Dance

So You Think You Can’t Dance?  M. Lykes
7089  1/17/2013  6 ses  Phinney Neigh Ctr Room 7  Th  6:30 - 7:30PM  $75.00
Got two left feet or think you’re un-teachable? Let us prove you wrong! Understand the basics of dance in this popular and fun beginner class. Learn how to find the beat, how to begin the dance, partner skills, and footwork for various types of music. Explore Swing, Western Two Step, Foxtrot, Waltz, and Salsa and find the similarity between all of these dances. Class meets off campus at The Phinney Neighborhood Center at 6532 Phinney Ave N, Seattle.

Beginning Ballroom Dancing  C. Boarman
7023  1/17/2013  8 ses  Mag Park Matthews Beach Rm  Th  6:30 - 7:25PM  $95.00
The perfect class for the first time dancer. Learn easy steps to the most popular dances with a goal towards feeling comfortable and confident in social situations such as weddings, parties, and nightclubs. Singles and couples welcome. Please wear comfortable shoes. Class held off campus at The Brig at Magnuson Park, 6344 NE 74th Street, Seattle.

East Coast Swing  C. Boarman
7153  1/17/2013  8 ses  Mag Park Matthews Beach Rm  Th  7:30 - 8:25PM  $95.00
Bebop to the upbeat rhythms of East Coast Swing, also known as Jitterbug and Jive-fact, fun, versatile, and danced to a variety of music. No partner necessary. Class held off campus at The Brig at Magnuson Park, 6344 NE 74th Street, Seattle.

Zydeco Dance  M. Lykes
7090  1/17/2013  6 ses  Phinney Neigh Ctr Room 7  Th  7:45 - 8:45PM  $75.00
Experience that Zydeco Groove! Feel the heat while you enjoy the beat of this fabulous dance from Louisiana. Zydeco music will thrill you with its energetic, passionate and exceedingly joyful sound. Join, friendly, all age Zydeco enthusiasts who love this dance for its hot moves and soulful music. No partner or experience necessary. Easy to learn and great for beginners! Class held off campus at Phinney Neighborhood Center: 6532 Phinney Ave N, Seattle.

Flamenco-Spanish Dance NEW!  M. Gitana
7204  1/23/2013  8 ses  Small Faces Ctr Room 7  W  6:00 - 7:30PM  $140.00
Learn the exciting rhythms and footwork of Flamenco, the dance that originated with the gypsies of southern Spain. Maria Gitana teaches techniques from the Spanish Dance Society. You will practice castanets, arms, turns and footwork all while learning a beginning flamenco choreography. Wear sturdy heeled shoes and women need a long, full skirt. Castanets are available for purchase at class for $25-$40 or bring your own.

Argentine Tango for Beginners  N. Newman
7166  1/13/2013  8 ses  Sonny Newman’s Dance Hall  Su  1:00 - 2:30PM  $85.00
The Argentine Tango is an improvisational social dance that requires solid technique and inspiration. Learn the basic tango elements (walking, turning, stopping and embellishments), partner connection, and explore the dynamic and expressive range of tango movement. No partner required. No previous dance experience necessary. Meets off campus at Sonny Newman’s Dance Hall at 201 N 85th St., Seattle.

Salsa for Beginners  A. Gomez
7190  1/5/2013  5 ses  Sonny Newman’s Dance Hall  Su  1:00 - 2:00PM  $75.00
Gain an in-depth understanding of Salsa basics, such as developing frame with your partner and lead and follow techniques. You will learn the foundation you need to look good and have fun on the dance floor. Each technique will be broken down and demonstrated so the student can easily grasp it. No partner needed. Meets at Sonny Newman’s Dance Hall, 201 N 85th St., Seattle.

Movement

Sustaining Vitality - Qigong  D. Sharp
7077  1/8/2013  8 ses  Phinney Neigh Ctr Room 5  Tu  7:30 - 9:00PM  $119.00
Feel better and have more energy when you nurture your health and well-being. Qigong is based on the principles of understanding and balancing natural energy: Qi. Practice body awareness exercises, meditation, and circulation and cultivation of Qi. Pick up movements quickly and easily in this fun, informative environment. Learn from an instructor with 20 years teaching experience and a certified 6th generation Qigong master. Classes meet at Phinney Neighborhood Center, 6532 Phinney Ave. N. Room 5, Seattle.

Tai Chi  I. Blogg
7064  1/8/2013  8 ses  John Marshall South Gym  Tu  6:30 - 8:00PM  $115.00
Tai Chi is a classical Chinese exercise often described as meditation in slow motion. Because the basic movements of Tai Chi are done in slow motion, it is excellent for health, balance, relaxation, and self-awareness, as well as self-defense.

Beginning Tai Chi (Grasping the Sparrow’s Tail)  D. Sharp
7065  1/5/2013  10 ses  On Campus: WC Bldg Room 0827D  Sa  9:00 - 10:30AM  $125.00
Learn one of the best forms of low impact exercise for health and longevity. Increase flexibility and strength by learning this slow flowing movement meditation. Experience deeper self-awareness, improved balance and mental concentration, as well as increased physical energy. Tai Chi is suitable for all. Class includes membership to Wellness Center.

Continuing Tai Chi (Grasping the Sparrow’s Tail 2)  D. Sharp
7062  1/5/2013  10 ses  On Campus: WC Bldg Room 0827D  Sa  10:30AM - 12:00PM  $125.00
For students who have completed Section One of the Yang style form and wish to learn more. Our focus is to complete and refine the long form, which consists of four sections containing about forty five postures each. Partner drills and beginning pushing hands enhance each student’s comprehension of the subtle and profound nature of Tai Chi Chuan. Class includes membership to Wellness Center.

Feldenkrais® - Movement for Better Living  P. Protz
7054  1/28/2013  6 ses  On Campus: OC Bldg Room 142A  M  6:30 - 8:00PM  $85.00
Tired of a nagging sore neck, stiff hips, or a painful back? The Feldenkrais Method offers a way out of physical discomfort so you can move through life with ease. Using gentle and relaxing exercises, experience greater flexibility, better posture, less pain, and more freedom in your movement. Learn how to take these benefits into daily activities such as sitting, walking, or exercising. Bring a mat, a bath towel, and warm comfortable clothing.

Yoga

Yoga  J. Hill
7142  1/8/2013  9 ses  Mag Park Matthews Beach Rm  Tu  10:00 - 11:30AM  $115.00
What needs fixing, refinement and upkeep? This course is for beginning and continuing yoga students. Whole health comes from working on exercises for posture, strength, flexibility, and breath awareness. Bring a yoga mat and a towel to class.

Restorative Yoga  8 Limbs Yoga
7159  1/7/2013  4 ses  8 Limbs Yoga - Wedgwood  M  7:15 - 8:15PM  $60.00
7160  1/11/2013  6 ses  8 Limbs Yoga - Wedgwood  F  5:30 - 6:30PM  $110.00
Class utilizes props to support postures that range from passive to mildly active. Designed for the student interested in receiving the amazing benefits of yoga without the strenuous activity, or as a great way to balance an active practice or lifestyle. Restorative yoga will give you more energy and clarity. Open to all levels. Class meets at 8 Limbs Yoga Studio - Wedgwood, 7345 35th Ave NE, Seattle 98115.


For the most up-to-date classroom information
check www.learnatinorth.org
Register Online at www.learnatinorth.org
Register by Phone (206) 934-3705
This class series combines gentle yoga poses, discussion of anatomy and alignment, re-education on sitting, standing and walking, as well as movement exercises to create more awareness of your body. Learn what movements are safe for you in other classes. Each student will walk away with a greater understanding of their bodies and the skills to keep it limber and strong. Class meets at 8 Limbs Yoga, Phinney Ridge Studio: 6801 Greenwood Ave N, Suite 113, Seattle.

If you have yearned to try yoga but have been discouraged because you think you are too old, your body type is wrong, you are suffering from chronic health issues, or are working with an injury, this series was designed with you in mind. Taught in a light-hearted and very accessible way, the 6-class series will introduce you to the basics of the physical practice of yoga, asana, as well as breathing practices, pranayama, and meditation.

**Professional Business**

**How to Start and Operate a Small Business**

M. Odell

Provides an overview of starting and operating a small business including, taxes, types of ownership, licensing requirements, risk and financial analysis, establishing price for product or service, developing winning sales and marketing strategies, and building a plan for personal and business success.

**Accounting for Small Business**

L. Bivens

Operating a small business? New to accounting? This class is for you! Discover basic accounting principles that you can apply using a simple paper ledger or as preparation for starting to use Quickbooks. You will leave understanding journal entries, accounts payable, accounts receivable and more! Learn the ins and outs from an experienced bookkeeper and small business owner.

**Quickbooks 2012 Level 1**

L. Bivens

Everything you needed to get started with Quickbooks. Learn easy ways to create a new company and build a chart of accounts. Use Quickbooks to invoice customers, enter bills, back up data and generate monthly reports. Prerequisite: Previous Windows Experience and familiarity with Accounts Payable and Accounts Receivable. Textbook included.

**Quickbooks 2012 Level 2**

L. Bivens

Further your knowledge of Quickbooks and improve your skills with this robust accounting software. Leave knowing how to customize forms, track inventory, use credit cards and sales tax and create reports or graphs. Explore the payroll feature in QuickBooks and learn how to create job estimates. Prerequisite: Quickbooks Level 1. Textbook included.

**Starting a Small Food Business**

J. Lewis, Z. Bartlett

This course, taught by experienced food entrepreneurs, will lead students through the process of starting a food business. Students will learn to cost products, prepare food specific business plans and how to obtain health and other required permits. This step by step class will help set students up for success and to avoid making costly mistakes.

Shaded descriptions indicate evening classes.
**Enrichment**

**Personal**

**8 Steps to Peace of Mind: A Journey into Meditation**  
S. Schenker  
7012  1/6/2013  8 ses  On Campus: CC Bldg Room 12548  Tu  7:00 - 9:00PM  $100.00

Is your mind too active - producing worries and anxiety? Behind the chatter, silence and stillness are waiting for you. Learn easy ways to move into spaces where there is relaxation, self-acceptance, and serenity. Explore eight steps that help connect you to silence in your heart and being. Beginners and seasoned meditators welcomed! Taught by a certified meditation facilitator with 32 years experience. Bring a mat or large towel, pillow, and pen and notebook to class.

**Speaking from the Heart**  
A. Gonzalez  
7141  1/16/2013  8 ses  On Campus: LB Bldg Room 1231  W  7:00 - 9:00PM  $115.00

communicating your feelings. From speaking mindfully to non-violent communication, there are a variety of communication tools which will help you at home, work, and with your friends.

**Rejuvenate Your Retirement**  
B. Larson  
7165  2/21/2013  2 ses  On Campus: IB Bldg Room 3327  Th  2:00 - 4:00PM  $39.00  
7167  3/5/2013  2 ses  On Campus: IB Bldg Room 3327  Tu  2:00 - 4:00PM  $39.00

I’m retired. Now what do I do? Learn important lifestyle and financial issues often faced during retirement. This is a unique course designed for retirees and includes an extensive textbook from the Financial Educators Network for future use. Go home with a new take on this phase in your life!

**Travel**

**Drawing and Painting on Location in Italy: Summer 2013**  
G. Gancarz  
7299  7/3/2013  3 wks  Florence, Italy  $295.00 + Travel Expenses

Spend a month in the birthplace of the Renaissance: Florence, Italy. For students, professionals, and artists, beginners to advanced. Draw on location in the piazzas, at Italian picturesque sites and in the museums of classical Italy. Trip includes art history and some painting. Class fee covers 65 hours of instruction. Travel expenses additional. Class dates July 3 - July 23, 2013. Contact Georgetta Gancarz for more information at paintingonlocationitaly@hotmail.com. Registration is ongoing.

**Travel the World Volunteering**  
J. Major  
7125  2/4/2013  4 ses  On Campus: CC Bldg Room 3449  M  6:30 - 8:30PM  $69.00

Ready to help in another country by working with local communities that need your skills or support with existing projects? Want to teach English, work with children, help wildlife, support conservation or share your expertise? Learn how to combine inexpensive travel with life-changing experiences as you travel the world as a volunteer. Volunteer travel is not just for the young! A $5 supply fee is payable to the instructor.

**British Footpaths - Firth & Clyde Canal Walk**  
F. Austin  
7098  3/7/2013  3 ses  On Campus: IB Bldg Room 3316  Th  6:30 - 8:30PM  $59.00

Walk across the narrowest part of Scotland, linking Linlithgow (Mary Queen of Scots’ birth place) to Glasgow (start of West Highland Way). Discover the Roman Antonine Wall (142 AD) northern cousin of Hadrian Wall, and the Falkirk Wheel (unique Scottish Engineering). Learn to carry 10 lb packs, find friendly B&Bs, select walking guides, all while ambling at your own pace - at such reasonable costs you can return to the beautiful countryside of Scotland.

**Language**

**Spanish**

**Spanish for Fun and Travel - Level 1**  
J. Miranda  
7081  1/8/2013  8 ses  On Campus: IB Bldg Room 3315  Tu  6:30 - 8:30PM  $125.00

Learn the basics of Spanish in a practical and enjoyable way with an experienced, fluent instructor! Practice common, useful phrases and vocabulary as you dive into the language with basic conversations. Develop your beginning Spanish speaking ability with basic grammar, verb conjugation and pronunciation. The class is a perfect introduction or a refresher for those planning a trip to a Spanish-speaking region. See www.learnatnorth.org for textbook information.

**Register Online at www.learnatnorth.org**

**Register by Phone (206) 934-3705**
French

French I: Encore!  L. Morehead
7067  1/9/2013  8 ses On Campus: CC Bldg Room 3446  W  7:00 - 9:00PM  $125.00

Love the French language but need more practice? Learn from your peers in this enhanced beginner-to-intermediate learning experience. Based on beginning French knowledge, this class will provide additional grammar and vocabulary skills and gently move learners forward to more interactive ways of speaking. An overview of French I will be provided for any true beginners in the class. French cultural experiences guaranteed! See www.learnatnorth.org for textbook information.

French II - Learn by Doing  L. Morehead
7068  1/7/2013  8 ses On Campus: IB Bldg Room 3327  M  7:00 - 9:00PM  $125.00

Furthres development of the language in an interactive setting, students will support their learning with a weekly choice of creative language projects. The emphasis will be on speaking and pronunciation, with practical applications and an underlying grammatical support in the classroom. See www.learnatnorth.org for textbook information.

Italian

Italian I  V. (Seva) Rzhondkovsky
7099  1/9/2013  8 ses On Campus: CC Bldg Room 1152B  W  12:30 - 2:30PM  $125.00

This basic introduction to the Italian language includes conversation, grammar, and pronunciation. $15 materials fee is due instructor on the first day of class.

Italian II  V. (Seva) Rzhondkovsky
7111  1/7/2013  8 ses On Campus: CC Bldg Room 1152B  M  12:30 - 2:30PM  $125.00

This course is designed for students who wish to further their development of the Italian language in an interactive setting. Course material includes historical and cultural references. $15 materials fee payable to instructor on first day of class.

Other Languages

Advanced ESL - Speaking & Listening  L. Morehead
7039  1/8/2013  16 ses On Campus: CC Bldg Room 3446  Tu, Th  7:00 - 9:00PM  $165.00

This class helps non-native speakers develop an efficient and clear communication style and make use of acquired English skills in various practical, business, and administrative applications. Emphasis is placed on accent reduction and on oral expression that follows the rules of correct speech. A comfortable classroom environment encourages as much participation as possible. See www.learnatnorth.org for textbook information.

Basic Sign Language  D. Jordan
7021  1/15/2013  8 ses On Campus: CC Bldg Room 3449  Tu  6:30 - 8:30PM  $115.00

Open the doors of communication and explore basic conversational sign language. You will quickly learn finger spelling, develop a basic vocabulary, and grasp general concepts and structure of sign language communication. Consistently top-rated instructor will help you gain a solid foundation in ASL in a fun and welcoming environment.

Sign Language - Level 2  D. Jordan
7082  1/17/2013  8 ses On Campus: TBA  Th  6:30 - 8:30PM  $115.00

This class is an extension of the Basic Sign Language class with more vocabulary, sentence grammar, and facial expressions.

Japanese I  R. Lambert-Nakamura
7078  1/10/2013  8 ses On Campus: IB Bldg Room 3316  Th  7:00 - 9:00PM  $115.00

This conversational class is for beginners with little or no Japanese background and for those who want to brush up on Japanese speaking skills. Covers useful phrases, pronunciation, vocabulary, some numbers, the ko-so-a-do words, and grammar. Students also experience Japan’s unique culture and customs through class activities. $10 textbook fee payable to instructor.

Russian I  NEW!  V. (Seva) Rzhondkovsky
7138  1/8/2013  8 ses On Campus: TBA  Tu  6:30 - 8:30PM  $125.00

Russian is the 4th most spoken language in the world and one of the six official languages of the United Nations. Learn more in this introductory course designed for the absolute beginner. Starting with the alphabet, you will learn basic Russian grammar, verb conjugations, and nouns in a fun, interactive way! This course is taught using the communicative approach to language learning and will constantly keep you moving! $15 materials fee payable to instructor on first day of class.