

COURSE OUTLINE
Beginning Sewing
North Seattle College
Instructor: O'Lisa Johnson

Course Objectives:

At the completion of this course, you will be able to:

1. Operate a sewing machine
 2. Select fabrics
 3. Read a pattern envelope
 4. Lay & cut out a pattern
 5. Understand pattern markings
 6. Understand the importance of grain lines
 7. Interpret pattern and sewing directions
 8. Understand basic sewing terms
 9. Execute selected sewing techniques & applications
-

Session 1 - Getting to Know Your Machine

- Basic parts
- Accessories/Tools
- Threading the Bobbin
- Threading the Machine
- Stitch Options
- Tensions/Trouble Shooting

Machine Stitching Exercise

Session 2 - Project #1 Construction

- Fabric Selection & Preparation (*Pre-Treating/Pre-shrinking*)
- Fabric Grain Lines

Session 3 - Project #2

- Techniques & applications

Session 4 - Project #3 Introduction - Understanding Commercial Patterns

- Measurement & Size Charts/Yardage Requirements
- Notions Explained
- Preparing the Pattern
- Pattern Markings/Layout/Cutting

Session 5 - Project 3 Construction

Session 6 - Project 3 Construction Continued

Session 7 - Project 3 Completion

Session 8 - Project 3 Completion, Wrap-Up/Review/Q&A